

MPPR Playbook

320 W. Broadway • 989-779-5331 • www.mt-pleasant.org/recreation

Mt. Pleasant

[meet here]



September 2019

K - 2nd Grade Volleyball

The K-2nd grade volleyball program introduces the game of volleyball as a team sport. Participants will engage in a variety of activities that are geared towards developing basic volleyball skills each week. Teams have a 15-30 minute practice followed by small sided games (4 v 4). Participants will receive a team t-shirt.

Dates: Sunday afternoons November 3- December 15
(**Start Date/Times may change** - dependent on Morey Courts construction schedule)
(No program on 12/1/19)

Location: Morey Courts
5175 E. Remus Road

Ages: Boys & Girls, Grades K-2

Activity Code: 492201-00

Resident Fee: \$50

Non-Resident Fee: \$70

Early Discount: \$5 when registered by 10/9/19

Deadline: 10/23/19 or when full

3rd - 6th Grade Volleyball

The 3rd-6th grade volleyball program focuses on the fundamentals of volleyball and developing the player's team skills. **NEW FORMAT:** Teams have 45 minutes of drills/practice, followed by (2) - 20 minute games. Participants will receive a team t-shirt.

Dates: Sunday afternoons November 3 - December 15
(**Start Date/Times may change** - dependent on Morey Courts construction schedule)
(No program on 12/1/19)

Location: Morey Courts
5175 E. Remus Road

Ages: Boys & Girls, Grades 3-6

Activity Code: 492202-00 Grades 3-4

492203-00 Grades 5-6

Resident Fee: \$60

Non-Resident Fee: \$84

Early Discount: \$5 when registered by 10/9/19

Deadline: 10/23/19 or when full

Start Smart™ Sports Development Programs

Innovative, colorful equipment makes developing sport-specific skills fun for girls and boys in Start Smart™ Sports Development Sampler and Basketball. The programs are designed to assist parents in supporting their children in development of the basic motor skills necessary to achieve success and confidence in the specific sport. Emphasis is placed on skill development and sportsmanship for both parents and children. This may be the first sports program you and your child participate in together, so "start smart" for a lifetime of sports activity.

Sports Sampler



Date: Tuesdays, 9/10/19-10/15/19
5 to 5:50 p.m., 435102-01
6 to 6:50 p.m., 435102-02

Location: Sunnyside Park; next to pavilion

Ages: Boys & Girls, Ages 3-5

Resident Fee: \$40

Non-Resident Fee: \$55

Deadline: 9/5/19 or when full

Basketball



Dates: Tuesdays, 11/12/19-12/17/19
6 to 6:50 p.m., 115002-03
7 to 7:50 p.m., 115002-04

Wednesdays, 11/6/19-12/18/19
(No program 11/27/19)
6 to 6:50 p.m., 115002-01
7 to 7:50 p.m., 115002-02

Location: Fancher Elementary Gym
801 S. Kinney St.

Ages: Boys and Girls, Ages 3-5

Resident Fee: \$40

Non-Resident Fee: \$55

Early Discount: \$10 when registered by 10/16/19

Deadline: 10/30/19 or when full



Light up Island Park during this evening 5K. This is a fun run for all ages and is not a timed event. Runners will make their way through the City park system decorated in their most intense glow gear. Each pre-registered runner will receive a "Glow in the Park" finisher medal, t-shirt, and awesome glow accessories!

Date: Friday, September 13
Time: 8:30 p.m.
Location: Island Park
Ages: 6 & Under - FREE
 12 & Under - \$15
 13 & Up - \$35

Register online: www.mt-pleasant.org/glowinthepark

JOIN US IN OUR

USWIM

OPEN RECREATION SWIM
EVERY FRIDAY 6-9PM!

TRAINING AVAILABLE FOR:

US Masters Swimming	Private Lessons
Lifeguard Training	Swim Lessons for all ages

REGISTRATION

Registration is now online @ www.Urec.cmich.edu

QUESTIONS?

Coordinator - Darin Masselink at masse1dj@cmich.edu
 Or call (989) 774-3686

www.facebook.com/URecCMU

www.twitter.com/URecCMU

Farmers' Market

You'll love the quality and selection of fresh, colorful fruits, vegetables, flowers and more that area farmers offer at the weekly Farmers' Market. Supplemental Nutrition Assistance Program (SNAP) recipients can now use their Michigan Bridge Card at the Mt. Pleasant Farmers' Market. The market also accepts Double Up Food Bucks, WIC Project FRESH, Senior Project FRESH/Market FRESH and Prescription for Health coupons and credit and debit cards.



Thursdays
through October 31
 Island Park
 7:30 a.m. to 2 p.m.

Saturdays
through October 12
 Broadway Street
 9 a.m. to 2 p.m.

Speed Camps

Competitors Edge

Weekly sessions designed for athletes in and out of season to continue growth, speed enhancement, and development. Athletes will be tracked based upon weekly volume and speed with attention being paid from power to recovery.

Dates: Sunday evenings, 9/22/19-10/20/19
Location: Horizon Park - 9/22/19
 1535 Sweeney Street
 Morey Courts - 9/29-10/20/19
 5175 E. Remus Road
 Coed, Ages 6-13
Activity Code: 436111-00
Fee: \$79
Early Discount: \$20 when registered by 9/18/19
Deadline: 9/20/19 or when full



Winter 1 Speed Camp

Competition preparation for the upcoming season. Emphasis on speed enhancement, explosiveness, change of direction and cardiovascular system capacities.

Dates: Tuesdays & Thursdays, 11/5/19-11/21/19
Location: Morey Courts, 5175 E. Remus Road
Ages: Coed, Ages 8-16
Activity Code: 113611-00
Fee: \$99
Early Discount: \$30 when registered by 10/23/19
Deadline: 10/30/19 or when full

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K-2nd Grade Basketball

The Kindergarten and 1st-2nd grade basketball program introduces the players to the fundamentals of the game. Each division will play games following a 15-30 minute practice. Kindergarten game format is 3 v 3. 1st and 2nd grade game format is 4 v 4. Grades 1-2 are combined to form teams. Space is limited and may fill prior to deadline. Participants will receive a team t-shirt.

Dates:	Saturday mornings 11/2/19-12/14/19 Occasional Sunday afternoons depending on Morey Courts availability
Location:	Morey Courts, 5175 E. Remus
Ages:	Coed, Grades Kindergarten-2 (or age 5 by 11/2/19)
Activity Code:	414079-00 Kindergarten 414080-00 Grades 1-2
Resident Fee:	\$50
Non-Resident Fee:	\$70
Early Discount:	\$5 when registered by 9/18/19
Deadline:	10/2/19 or when full

Fall Basketball

3rd-6th Grade Basketball

The 4 on 4 league continues with fundamentals of the game and developing the future player's team skills. This format provides: more time with the basketball and an understanding of spacing and different positions. **Players will practice once per week starting the week of October 21, based on coach availability.** Games begin on November 2. Space is limited and may fill prior to deadline. Participants will be receive a team t-shirt.

Dates:	Saturday mornings 11/2/19-12/14/19 Occasional Sunday afternoons depending on Morey Courts availability
Location:	Morey Courts, 5175 E. Remus
Ages:	Boys and Girls, Grades 3-6
Activity Code:	Boys Grades 3-4 414082-00 Girls Grades 3-4 414083-00 Boys Grades 5-6 414084-00 Girls Grades 5-6 414085-00
Resident Fee:	\$50
Non-Resident Fee:	\$70
Early Discount:	\$5 when registered by 9/18/19
Deadline:	10/2/19 or when full

Dodgeball

Participants will be divided into different teams and will have a "ball" while getting a great workout! Safe, Gator Skin® balls will be used for this program. Participants will receive a team t-shirt.

Dates:	Mondays, 10/28/19-12/9/19 (No program 11/4/19)
Time:	6:30 to 7:30 p.m.
Location:	Fancher Elementary Gym
Ages:	Coed, Ages 8-9
Activity Code:	491202-00
Resident Fee:	\$35
Non-Resident Fee:	\$45
Early Discount:	\$5 when registered by 9/25/19
Deadline:	10/9/19 or when full



Dodgeball League

This league is six weeks long with the first week being a practice session. During this session participants will learn game rules and teams will be determined. For the remaining five weeks teams will play a round robin format with game play being 45 minutes. Safe, Gator Skin® balls will be used for this program. Participants will receive a team t-shirt.

Dates:	Thursdays, 10/24/19-12/12/19 (No program 10/31/19 or 11/28/19)
Time:	45 minute games; 6 to 8:30 p.m.
Location:	Fancher Elementary Gym
Ages:	Coed, Ages 10-12
Activity Code:	491203-00
Resident Fee:	\$35
Non-Resident Fee:	\$45
Early Discount:	\$5 when registered by 9/25/19
Deadline:	10/9/19 or when full



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Registration Form



Primary Guardian(s) _____
 Email _____
 Address (required) _____
 City _____ State _____ Zip Code _____
 Home Phone (____) _____
 Work Phone (____) _____ Ext. _____
 Emergency Phone (____) _____
 Cell Phone (____) _____

Secondary Guardian _____
 Email _____
 Address (required) _____
 City _____ State _____ Zip Code _____
 Home Phone (____) _____
 Work Phone (____) _____ Ext. _____
 Emergency Phone (____) _____
 Cell Phone (____) _____

I reside within the City Limits

I do not reside within the City Limits

Where did you hear about the program for which you are registering? _____

Recreation Scholarships

The MPPR Scholarship Fund guarantees youth the opportunity to participate in activities and programs. Families with certain economic restrictions are eligible to receive financial assistance through the MPPR Youth Scholarship Fund. The intent of the scholarship fund is to offer assistance to youth wanting to participate in recreational opportunities who may not otherwise have the means. Scholarship assistance is limited to existing funds on a first come, first served basis and is available to youth, ages 17 and under, that **are residents of the City of Mt. Pleasant**. For more information or to apply, contact the Parks and Recreation office at 989-779-5331 or visit www.mt-pleasant.org/recreation.

Participant Full Name	M/F	Current Grade (2019-20)	(mm/dd/yy) Date of Birth	School	Activity Code	(+) Resident Fee	(+) Non-Resident Fee	(-) Early Discount	Activity Total	
<i>Make checks payable to: Mt. Pleasant Parks & Recreation</i>									TOTAL DUE	\$
Please circle the days that you cannot practice (Fall Basketball Only): M T W R										
Help keep the price of programs affordable. T-shirt size examples are available at the Parks & Recreation Office. When in doubt order a larger size. Circle T-shirt size (Dodgeball, Fall Basketball & Volleyball only):										
Youth X-Small 4-5	Youth Small 6-8	Youth Medium 10-12	Youth Large 14-16	Youth X-Large 18-20	Adult Small	Adult Medium	Other:			
Office Use		Cash/Check # _____		Receipt Book # _____		RecTrac Receipt # _____				

Known special needs and/or allergies (specify participant's name): _____
 Persons with disabilities needing assistance to participate may call the Parks and Recreation office at 989-779-5331. A seven day advance notice may be necessary for accommodation. Persons requiring speech or hearing assistance may contact the City through the Michigan Relay Center at 1-800-649-3777.

LIABILITY WAIVER

I/we, the undersigned, do hereby agree to allow the above-named to participate in the activity indicated. I am/we are aware of and understand there may be potential risks inherent with participating in any recreation activity, and that the City of Mt. Pleasant does not provide accident insurance. I/we assume all risks and hazards incidental to such participation, including transportation to and from the activities, and do hereby waive, release, absolve, indemnify and agree to hold harmless Mt. Pleasant Parks and Recreation, its officers, staff, and their agents for all claims, injuries, liabilities, damages or right of action directly or indirectly arising out of use of Mt. Pleasant Parks and Recreation facilities, equipment and/or participation in Mt. Pleasant Parks and Recreation activities. In the event of an emergency, I authorize Mt. Pleasant Parks and Recreation staff to obtain medical treatment for the above-named participants. I/we also waive any rights/damages that may occur in result of photographs/videos of the events/activities offered through this department. All classes and activities cancelled by Mt. Pleasant Parks & Recreation before the start of a program will be refunded in full. Participants requesting a refund before the start of a program are entitled to a refund less an \$8 service fee. No refunds are available once a program has begun, unless injury occurs. As a Mt. Pleasant Parks and Recreation program participant, you will automatically be subscribed to our monthly electronic newsletter, *Leisure Link*. If you choose not to receive this e-newsletter, please unsubscribe when you receive your first *Leisure Link*.

Participant/Parent/Guardian Signature (REQUIRED) _____ Print Name _____ Date _____

Return To: Mt. Pleasant Parks & Recreation, 320 W. Broadway, Mt. Pleasant, Mi 48858